



## **The Profession of Counseling**

Counseling is an helping relationship that moving from the customer's problems analysis, proposed to construct a new vision of these problems and to put into effect an action plan in order to realize the purposes that the customer wishes (to take decisions, to improve relations, to develop the knowledge, to manage emotions and feelings, to exceed conflicts).

These definition is been constructed and voted from the counselors in the Congress “The Need of Counseling” on 13 February 2005 in Rome.

Our will is to achieve several following goals:

1. Promoting and developing the profession of Counseling. This profession is quite old in United States, but young in Europe and mostly in Italy. Austria is the only Country in Europe where exist a knowledge for this profession. In Italy PREPOS Federation, with several of other counseling association, promote this professions and powered many congress. In Rome on 27 and 28 October 2007 at the Congress “Certify Counselor, Diffuse Counseling”, PREPOS Federation is glad to receive several of the most important association of Counseling in the World: European Association of Counseling, the Professional Psychotherapeutic League of Russia, the National Board for Certified Counselors.
2. Raising of high quality professionals. For achieve this goal, PREPOS Federation proceed in acknowledgement of Counseling in Italy close the Ministry and the CNEL and promote the certified of Counselors with the Agreement with NBCC International, the most important not governative organization about the Certify of Counselors.
3. Improve the instruments of Counselors, in order to offer all the guarantee the customers deserve. The firs step is been the Congress on 2004 about “Instrument of Counseling”, but after the agreement we have work out the first research for Counselors Professionals in Italy. We have obtain the following outputs:
  - a. Counselor’s personal abilities are humility and listening
  - b. the job within is oriented to normality and not to pathology
  - c. the helping relationship is customer oriented
  - d. the needs of customer are about the relationship with persons nearby he or for development of the problem understanding

In the next Congress in Italy on 12,13 and 14 February 2009, we will present the results of our research and we extend the discussion about the professionalism of Counseling.

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Prof.ssa Emanuela Mazzoni

Federazione PREPOS

NBCC Italy

University of Siena

[emanuela.mazzoni@prepos.com](mailto:emanuela.mazzoni@prepos.com)

+39 328 0383279